

# Tennessee Behavioral Risk Factor Surveillance Survey 2007 State and Regional Weighted Data

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

State and Regions	Total Respondents	Exercised in Last 30 Days <sup>1</sup>	Weighted Percent <sup>2</sup>	Population Who Exercised <sup>3</sup>
<b>TENNESSEE</b>	5,020	3,221	68.5	3,177,689
<b>Northeast</b>	463	271	61.6	165,470
<b>East</b>	304	197	68.8	385,593
<b>Southeast</b>	341	220	67.0	161,383
<b>Upper Cumberland</b>	322	193	63.5	160,390
<b>Mid-Cumberland</b>	304	218	75.8	564,082
<b>South Central</b>	327	190	59.2	168,720
<b>Northwest</b>	299	181	62.4	120,355
<b>Southwest</b>	320	196	62.3	130,239
<b>Shelby</b>	304	208	73.1	486,661
<b>Davidson</b>	280	183	67.5	297,537
<b>Knox</b>	317	219	76.1	245,695
<b>Hamilton</b>	698	468	70.7	172,006
<b>Madison</b>	307	197	67.7	49,222
<b>Sullivan</b>	434	280	65.6	79,570

<sup>1</sup> Number of respondents who answered YES.  
<sup>2</sup> Percent of adult population who exercised during the past month based on the survey.  
<sup>3</sup> Estimated adult population who exercised during the past month based on the survey. Note: The sum of regional estimates in this column will not add up to statewide total due to incomplete coverage of all demographic groups in every region.

