

What is the Fax Referral Service offered by the Tennessee Tobacco QuitLine?

The Tennessee Tobacco QuitLine offers a unique clinical support service for health care providers interested in increasing tobacco quit attempts among their patients.

The Tennessee Tobacco QuitLine's Fax Referral service is designed to assist health care providers with implementing the U.S. Public Health Service, Clinical Practice Guidelines for Treating Tobacco Use and Dependence, also known as the 5A's of cessation support: Ask, Advise, Assess, Assist and Arrange.

Through the Tennessee Tobacco QuitLine health care providers can Ask, Advise, Assess and Refer tobacco users interested in quitting to this free telephone based cessation program.



Citations

Studies show effectiveness of telephone based cessation programs.

An LC, Zhu S, Nelson DB, Arikian NJ, Nugent S, Partin MR; Joseph AM. Benefits of telephone care over primary care for smoking cessation. Archives of Internal Medicine. 2006;166:536-542.

Studies have found that individuals using pharmacotherapy along with a behavioral program have a 50% greater chance of cessation after one year.

U.S. Department of Health and Human Services, Public Health Service. Treating Tobacco Use and Dependence. October 2000.

After 12 months, 25% of participants are tobacco-free.

Retrospective data based on 26,000 Ceridian/Leade Health Tobacco Cessation participants from 1997-2006 using an intent to treat analysis.

Use of tobacco medication is significantly correlated with quit rates, but effects diminish over time.

Ceridian/Leade Health data analysis: Data from 1997-2006.

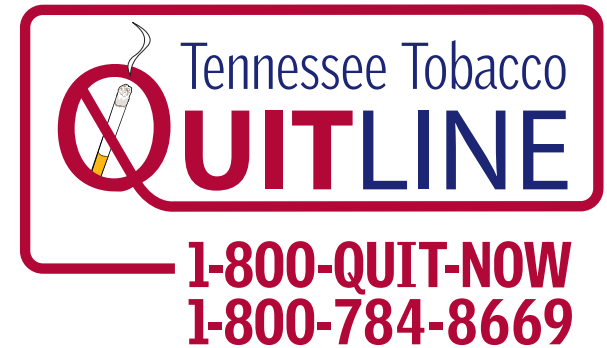
Patients not ready to make a quit attempt may respond to a motivational intervention. The clinician can motivate patients to consider a quit attempt with the "5 R's": Relevance, Risks, Rewards, Roadblocks, and Repetition.

Treating Tobacco Use and Dependence: PHS Clinical Practice Guideline.



Services are provided by Ceridian Leade Health

Authorization # 343888



Tennessee Tobacco QuitLine

Fax Referral Service

You Can Quit. We Can Help. It's Free.

What is the Tennessee Tobacco QuitLine?

The Tennessee Tobacco QuitLine, 1-800-QUIT-NOW, is:

- a FREE telephone based cessation program that offers personalized support to Tennessee residents who want to quit smoking or chewing tobacco.
- a connection to a trained professional quit coach that will guide tobacco users through the quitting process.
- a convenient and confidential service available for English and Spanish speakers. The services are also available for the hearing impaired at TTY: 1-877-559-3816.
- a resource for relapse prevention techniques, printed resource materials, information on nicotine replacement therapies (NRT) and other services to aid in the quitting process.
- available 7 days a week. Participants have access to their quit coach for 1 year or as long as they are interested in quitting tobacco.
- a pathway to a tobacco free lifestyle.

How does a health care provider use the Tennessee Tobacco QuitLine Fax Referral Service?

Just follow these steps:

- Ask the patient about his/her tobacco use.
- Advise the patient to quit.
- Assess the patient's readiness to quit.
- If the patient is willing to quit, gain verbal consent to refer the patient to the Tennessee Tobacco QuitLine.
- Fill out a Tennessee Tobacco QuitLine fax referral form. Ask the patient to complete the patient section for consent as required by HIPAA.
 - Include the name of the organization, name of the healthcare provider and a fax number or email address in the provider information section.
 - Assist the patient in selecting the best times for the QuitLine staff to call.
- Fax the completed referral form to the toll-free fax number of the Tennessee Tobacco QuitLine's fax referral service: 1-800-646-1103.
- Prescribe nicotine replacement pharmacotherapy, if appropriate.

We'll take it from here ...

The Tennessee Tobacco QuitLine will fax a status report to the healthcare provider to inform him/her whether or not the patient has enrolled in the cessation service, planned a quit date and achieved quit status.

The Tennessee Tobacco QuitLine is made possible through a supplemental grant from the Centers for Disease Control and Prevention and is administered by the Tobacco Use Prevention and Control Program, Tennessee Department of Health. For more information, call (615) 741-0380.

Fax Referral Number
1-800-646-1103

QuitLine Number

1-800-QUIT-NOW

1-800-784-8669

TTY 877.559.3816

Additional referral forms can be downloaded from:

<http://health.state.tn.us/tobaccoquitline.htm>

QuitLine Hours

Eastern Time:

Monday - Sunday
8:00 a.m. - 11:00 p.m.

Central Time:

Monday - Sunday
7:00 a.m. - 10:00 p.m.

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