

*The Gold Sneaker Initiative for Licensed
Child Care Facilities*



Required Forms

Breastfeeding Infant Feeding Plan

Directions: To be completed by the parent(s) and the infant care giver. Plan should be updated every other month to reflect child's current feeding pattern.

Child Care facility name: _____

Name of child: _____

Date of Birth: _____

Parent's names: _____

Date of initial plan: _____

Date(s) of plan updates: _____

Describe baby's usual feeding schedule.

How is breastmilk to be stored and served?

Outline the mother's wishes she has regarding when to begin infant foods and what foods to give baby.

What should the provider do if baby is hungry and mom is late, or her supply of expressed breastmilk is gone?

Mom reminders:

- . Let your provider know if you want to breastfeed at the child care facility.
- . Decide how many feedings you think your baby might need at child care and give your provider enough milk each day.

